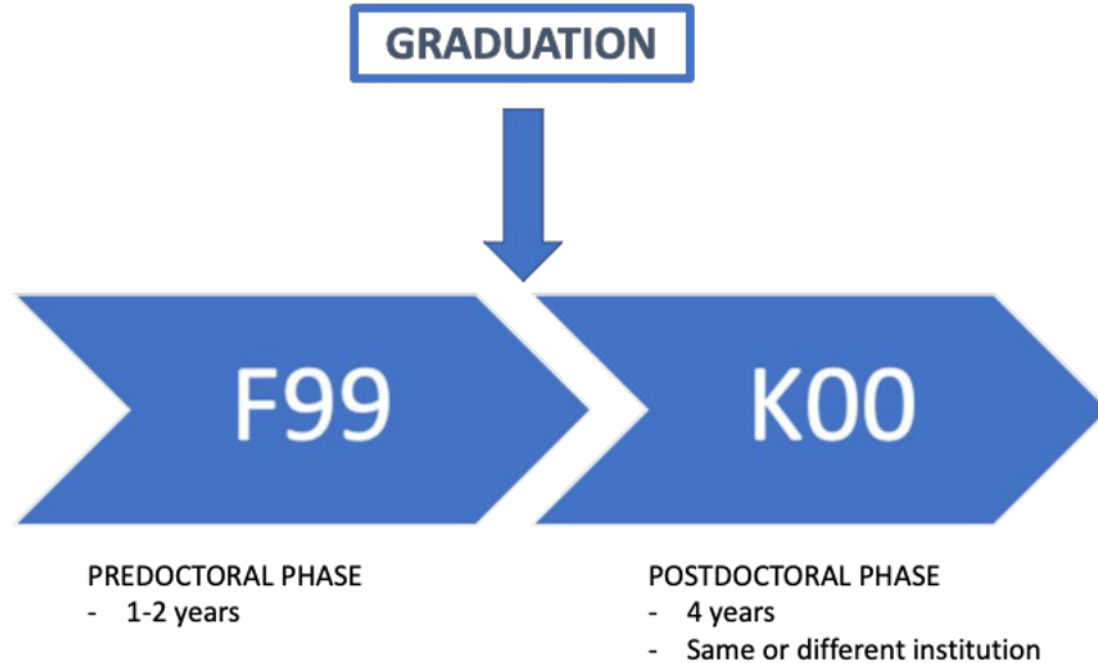

F99/K00

— Amy Nippert —

What is the F99/K00?

The purpose of the Predoctoral to Postdoctoral Fellow Transition Award (F99/K00) is to encourage and retain outstanding graduate students who have demonstrated potential and interest in pursuing careers as independent researchers. The award will facilitate the transition of talented graduate students into successful research postdoctoral appointments.

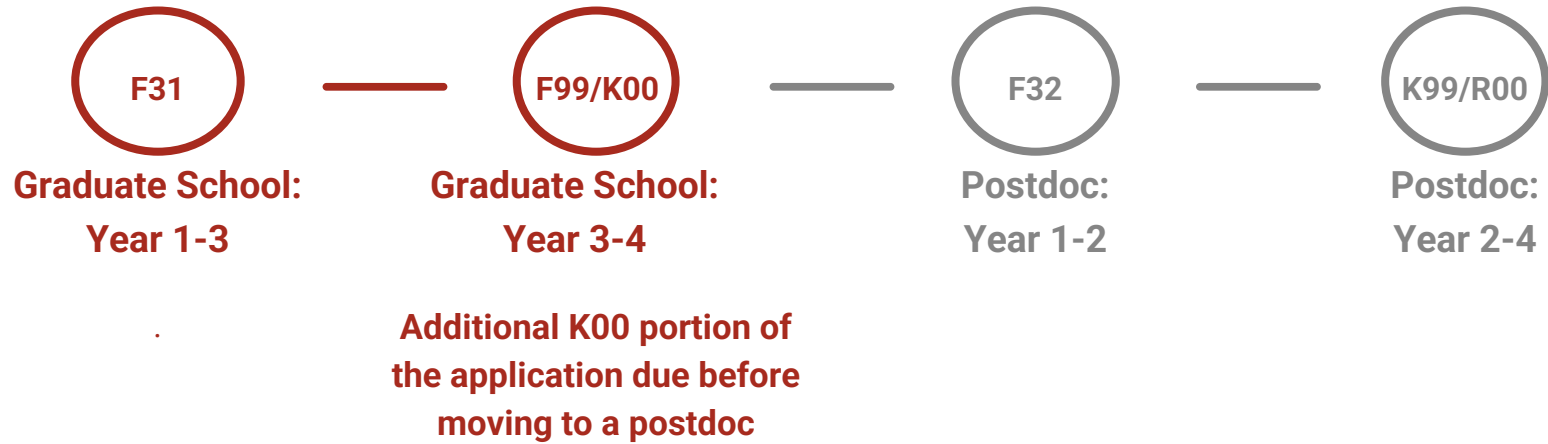
What is the F99/K00?



Why choose the F99/K00?

- Up to six years of funding
- Based on research you're already doing!
- A good option for non-US citizens (in some cases)
- You're a later stage graduate student (3rd to 4th year)
- You want to switch fields for your postdoc
- Can be helpful in attaining a postdoc as you'd already be funded

The F and K Grant Family



F vs K: Important Notes

- Previous F31 award funding does not reduce the total funding possible through the F99/K00
- You cannot apply for two individual awards simultaneously
 - I.e. you cannot apply for an F31 and F99 in the same cycle
- If you have a F31, NSF GRFP or similar award it must be terminated before accepting the F99

Where do you apply?

Participating Institutes:

NINDS - National Institute of Neurological Disease and Stroke

NCI - National Cancer Institute

NIA - National Institute of Aging

NIDCR - National Institute of Dental and Craniofacial Research

NIDDK - National Institute of Diabetes and Digestive and Kidney
Diseases

NHGRI - National Human Genome Research Institute

Institute Differences: Know your FOA

Institute	US Citizen?	Students from ...	Current research?	Proposed research	Dual Degree Allowed?
NIDDK	Not required	“diverse fields”	Must be different!	Must be in KUH	No
NINDS	Yes	“diverse backgrounds”	--	--	No
NCI	Not required	“recognized by their university”	--	--	No
NIA	Not required	NA	Can be different	Must be on Aging	No
NHGRI	Not required	“diverse backgrounds”	--	--	No
NIDCR	Not required	“diverse backgrounds”	--	--	Yes

Who is eligible?

- 3rd and 4th year graduate students who expect to graduate in 1-2 years AND who plan to go on to a postdoc
- “PhD students at the dissertation stage”
 - You have passed quals
 - You cannot graduate before the funding starts
- For some institutes, you must be nominated by your university!!
 - National Cancer Institute (NCI)
- Citizenship requirements vary
 - US citizenship required by NINDS

How do you write the grant? The F99

- Similar format to other F awards
- Differences:
 - More focus on what research has already been completed
 - Training portions should include how the award will aid in the transition to a postdoc

How do you write the grant? The F99

- Specific Aims (and overall grant) must address plans for pre- (F99) and post- (K00) doctoral phases. All applicants must use these two Specific Aims
 - Specific Aim 1: The Dissertation Research Project
 - Provide a detailed description of the current research and research to be completed during the F99 phase.
 - Specific Aim 2: The Postdoctoral Research Direction

F99 vs K00

- “It is not required to identify a K00 sponsor at the time of application. If a K00 sponsor has been identified, they may be included as Senior/Key Personnel – Other.”
- “The K00 postdoctoral phase **institution** must submit the materials on behalf of the candidate for the K00 award no later than 12 weeks prior to the proposed start of the K00 award.”
- For the K00, the majority of the sections from the F award will need to be updated, including a final evaluation letter from your sponsor
- The K award needs to include new versions of training related sections to reflect the new university and mentoring team

Components of an F99 Award

Application Component	Length Limit
Abstract	30 lines of text
Project Narrative	3 sentences
Applicant Biosketch*	5 pages
Sponsor Biosketch	5 pages
Applicant Background and Goals for Fellowship Training	6 pages
Specific Aims	1 page
Research Strategy	6 pages
Sponsor Statement	6 pages
Description of Institutional Environment and Commitment to Training	2 pages
Certification Letter	1 page
3-5 Reference Letters	2 pages each

K00 Updates to the F99

- Updated version of most of the components in the F99
- You do not need a new set of recommendation letters
- A new cover page signed by the K00 phase institutional representative;
- A Final Progress Report for the F99 phase;
- A final evaluation statement by the F99 primary sponsor;
- Updated Project Summary, Abstract, Project Narrative, Bibliography and References Cited, Facilities and Other Resources, and Equipment sections; Biographical sketches;
- Detailed budget pages for a non-modular budget;

K00 Updates to the F99

- Can be more difficult to find information as you are not currently at the institution you're writing about
- Emailed as a PDF to your program officer rather than using the submission process used for the F99
- Contact your program officer well in advance of graduation (recommendation of at least 9 months) to ensure a smooth transition
- To begin the K00 phase of the grant, individuals must have been offered and accepted a postdoctoral appointment

Q & A with Past F99/K00 Awardees